



## NAIL SAFETY INFORMATION

At Stay Polished Nail Boutique our clients health and safety are our main priorities. We have instituted a comprehensive health and safety program of hygiene and sanitation practices so that you can have confidence that all you will be receiving is a great manicure and pedicure.

- ✓ **“Washing of Hands”**
  - It is the easiest and most effective to reduce the spread of infection causing bacteria. Before we begin each service, all of our nail technicians disinfect their hands with our special liquid sanitizer. We recommend that our clients do the same. This maximizes the reduction in spreading of common germs.
  
- ✓ **No Whirlpool Foot Baths, we use disposable liners**
  - In 2001, The Center for Disease Control in Atlanta issued guidelines against whirlpool foot baths. This is because they are a breeding ground for fortuitum (a microbacterium that causes boils on the legs). Most nail salons use whirlpool chairs to this day. They report that they clean them. However, if the filters are not cleaned after each service, serious skin infections can develop. We have eliminated that possibility by using foot baths that use a disposable liner. To insure extra safety, we thoroughly cleanse the foot bath after each use, just to be sure.
  
- ✓ **Metal Implements Sterilized & Sealed**
  - We asked ourselves, “How can we insure maximum protection for our clients?” We looked around and found a special heat-sterilization method called "autoclaving". We do this for all of our metal implements that are used to insure maximum disinfection. Autoclaving represents the highest level of sterilization and is standard procedure at medical facilities in the U.S. (in accordance with AMA, FDA and EPA guidelines), but is still relatively rare in the nail salon world. After autoclaving, we put the implements into individual sealed, disposable, sanitation pouches and opened at the start of each manicure or pedicure service. Yes, it is a lot of work, but we think that you are worth it!
  
- ✓ **Ongoing Disinfecting**
  - Throughout the day, we wipe down sinks and tabletops with a special hospital-grade solution. This acts to remove debris, kill bacteria, and prevent the spread of germs. Another way to protect our clients.
  
- ✓ **Disposable Manicure/Pedicure Kits**
  - Finally, to insure the highest level of sanitation, all customers receive a disposable “Manicure/Pedicure Kit” each time they come in. This is also unique in the nail salon world. The sanding block and manicure stick are thrown away at the end of the service and pedicure slippers are always available. To ensure cross contamination all technicians use latex free disposable gloves.

If you have any questions about our safety procedures please feel free to ask us.